



## Fall 2022 Newsletter



Hello Friend,

"There is something so special in the early leaves drifting from the trees—as if we are all to be allowed a chance to peel, to refresh, to start again."

– Ruth Ahmed

### What's New at Enzer & Associates, PC?

The summer has been very productive for Dr. Enzer and Enzer & Associates, PC. Most of the early part of the year was spent searching for a new surgical facility after the sudden closure of Blackstone Valley Surgicenter. After much deliberation, Dr. Enzer went through the accreditation process at both Fatima Hospital in North Providence, RI and St. Anne's Hospital outpatient center in Attelboro, MA. He along with several general plastic surgery colleagues selected the outpatient facility at Fatima Hospital. They put a great team of nurses and doctors together and Dr. Enzer trained them in laser plastic surgery. "All in all, the hospital management 'rolled out the red carpet' for us, said Dr. Enzer, "and our patients have all given the facility rave reviews."



As many of you know, Dr. Enzer works closely with residents, fellows, and senior physicians in many departments at Brown University. One of their research projects was accepted for publication entitled: **"Kissing" basaloid follicular hamartomas of the eyelid**. "Most scientific studies have a great deal of difficulty getting published these days due to competition for limited space and the stringent vetting requirements for every article. We were thrilled that our paper was accepted by such a prestigious medical journal," stated Dr. Enzer.

Last month, the senior leadership invited Dr. Enzer to present two lectures at the American Society of Ophthalmic Plastic and Reconstructive Surgery (ASOPRS, Oculofacial Society) meeting in Chicago. This is a yearly international meeting of the world's eyelid plastic surgeons. Dr. Enzer presented talks about *drooping eyelid surgery* and *how to more effectively communicate with plastic surgery patients to make them feel important*.

Recently the senior leadership selected Dr. Enzer to organize the **April 2024 Oculofacial Meeting** for the New England Ophthalmological Society (NEOS) in Boston, MA. Established in 1884, NEOS is a second oldest medical society in the United States and represents all the ophthalmologists in New England. Dr. Enzer is planning what is sure to be the most exciting meeting ever for Oculofacial Plastic Surgery.

On a personal note, now that swim season has ended, it is back to indoor exercise again for Dr. Enzer. That is when he is not visiting with his three grandchildren, and more on the way.

### Is under eye filler right for you?

The eyes are the first areas of the face to experience signs of aging, especially the undereye or "tear trough" area. Many clients often

complain of "looking tired" or "dark circles" regardless of the amount of sleep they have had. Under-eye filler has become a popular technique to restore a more youthful contour to this area.

To refresh the undereye area, hyaluronic acid is used to replace the lost volume underneath the eyes. Some bruising can be expected after this procedure along with some swelling. Eyelid filler generally lasts at least 1-2 years, and sometimes much longer.



#### **Benefits:**

- A less invasive option to eyelid surgery.
- Less wrinkles and puffiness to the eyes.
- A more "awake" and youthful appearance.

#### **Is under-eye filler is right for you?**

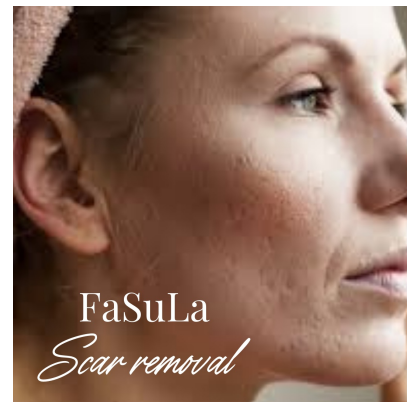
Not everyone is a candidate for the undereye filler, some people have too much puffiness or large "bags" under their eyes. In others the skin is too thin. Sometimes there are more serious medical conditions that need to be evaluated. The best way to determine whether you're a good candidate for lower eyelid fillers is to schedule a consultation with Dr. Enzer or Ashley Wright, FNP. During your appointment, he/she will perform a complete assessment, review your medical history, listen to your aesthetic goals, and then formulate a plan. Visit our website for FAQ's and more information!

## *Scar Removal: FaSuLa Method*

One of the most common cosmetic skin problems and greatest challenges to dermatologists and oculoplastic plastic surgeons alike has been the treatment and removal of scars, whether they are caused by acne, chickenpox, trauma, or other means. At our practice, scar removal has become an increasingly popular procedure.

Deep scars can develop after red acne pimples resolve. The scars can be so deep that they are visible despite heavy makeup. These scars may also make us look older than our true age or make us self-conscious about our appearance. Many skincare products claim they can perfectly remove these scars but that is usually not successful.

Fortunately, with the advent of highly advanced technologies in the cosmetic field, there is now an effective solution! Dr. Enzer has developed a combination of procedures known as "FaSuLa" scar surgery that can make your acne scars less noticeable.



#### **FaSuLa scar surgery consists of:**

- **Fat** injections.
- **Subcision** with dermal grafting.
- **Laser** resurfacing treatments.

FaSuLa stands for Fat Transfer-Subcision-Laser — three mainstay cosmetic procedures that when combined produce extraordinary results. Using these three procedures and other ancillary techniques as needed, Dr. Enzer restores the damaged skin from the bottom up. Before the procedure, each scar is analyzed for size, depth, and shape so that Dr. Enzer can devise the optimal treatment plan for you. The FaSuLa treatment can be described similarly to the steps of building a house:

*Laying the foundation:* Dr. Enzer restores the deepest subcutaneous layer of the skin with fat transfer to remove the scar damage and improve the skin's contour. Recently we have discovered that there is a high concentration of stem cells in the transferred fat. This has the potential to rejuvenate the damaged skin more than we imagined.

*Putting up the walls:* Next, the middle layer of skin is treated with subcision and dermal grafting.

*Brushing on a fresh coat of paint:* Finally, the top layer of skin is smoothed over and tightened with laser resurfacing.

The FaSuLa concept allows Dr. Enzer to treat most patients with deep scarring from acne, chickenpox, and other traumatic events. However, FaSuLa is not right for everyone. Although we strive for your complete satisfaction, there are many scars that can be improved but not completely erased. Some scars cannot be treated at all. Please be assured that Dr. Enzer will do his best to offer you as many options as possible to achieve the results you desire.

## Product Spotlight: Epionce Dynamic Eye Duo

**NEW! Luminous Eye Serum** is a silky, hydrating eye serum formulated with powerful, yet gentle, botanicals to brighten and smooth the eye area for a more "awake", refreshed appearance. It is clinically proven to diminish the visible appearance of puffiness, dark circles, fine lines, wrinkles, and droopiness safely and without irritation. The Anti-Aging Eye Duo, Luminous Eye Serum paired with Renewal Eye Cream enhances results for a brighter, more youthful look.



### Key Benefits:

- Brightens skin and smooths visible signs of aging.
- Hydrates and refreshes skin for a more "awake" appearance.
- Reduces puffiness and appearance of dark circles.

**Renewal Eye Cream** helps diminish the visible appearance of fine lines and wrinkles around the delicate eye area. Key ingredient complexes reveal youthful, healthy-looking, beautiful skin. Soft-focus technology scatters and diffuses visible light, helping reduce the visible appearance of dark circles and puffiness. The Anti-Aging Eye Duo–Luminous Eye Serum paired with Renewal Eye Cream–enhances results for a brighter, more youthful look.

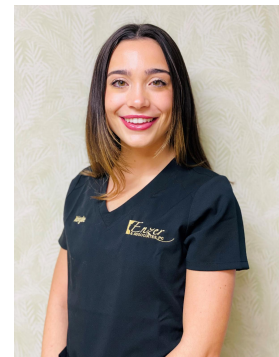
### Key Benefits:

- Active complexes help reverse visible signs of aging
- Soft focus technology visibly reduces imperfections
- Formulated to complement the use of eye makeup

Fall into some "[eye opening](#)" results, with this dynamic duo!

## Have you met our newest team member?

**Abigale Reynolds** recently joined Enzer & Associates, PC as our new Cosmetic Provider Clinical Assistant. Having recently graduated from the University of Colorado, Boulder, Abby followed a pre-health curriculum and earned her B.A. in Psychology, with a minor in Spanish. After spending the summer in Spain finishing up her Spanish studies, she is very excited to return home to Rhode Island and join the Enzer & Associates team as well as studying for the MCATs.



In her free time, Abby loves to spend time with her family, friends, and her dog. She loves to read, especially when she's sitting on the beach! But after the summer is over, she loves to head to the mountains and go skiing! Please welcome Abby when you meet her!

Thank you for reading our newsletter. We hope you and your family/friends indulge in the amazing colors of New England's fall foliage, corn mazes, apple orchards and pumpkin festivals this season. Stay tuned for more news and updates soon!

### **YOASH R. ENZER, MD, FACS**

*Cosmetic, Laser, & Oculofacial Plastic Surgery*

### **ASHLEY L. WRIGHT, FNP**

*Aesthetic Nurse Practitioner*



Are you interested in learning about a particular treatment or product?  
Let us know! [Chat with our office staff!](#)

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