



Holiday Newsletter December 2021



Hello Friend,

“Kindness is like snow. It beautifies everything it covers.”

– Kahlil Gibran

Tis' the season for lasers

Cosmetic skin resurfacing lasers are a safe and effective way to rejuvenate your skin and keep your skin looking as young as you feel. As we age, our skin naturally loses its elasticity, causing deep lines and wrinkles. Years of exposure to weather and the elements also cause our skin to break down, causing redness, brown spots, and general dullness of complexion. Whether you are looking to target specific skin imperfections or get an overall fresh new look, we have a laser that will fit your needs. Read on to learn more about the types of laser treatments that Dr. Enzer offers.

Lasers for Skin Resurfacing & Anti-Aging

Fraxel® treatment improves tone, texture and radiance for aging, sun-damaged or scarred skin. This laser treatment is for people who want to look younger without dramatic changes or extended downtime. Our laser technician will use the laser to target the areas of your skin that require treatment. As a result, the laser will encourage these areas to grow healthy new skin cells and new collagen. By increasing the collagen production significantly, it accelerates the skin's healing process.



Fraxel® laser targets:

- FINE LINES AND WRINKLES, such as crow's feet and brow lines.
- SURFACE SCARRING, helps improve acne scars and surgical scars.
- PIGMENTATION, diminishing the appearance of age spots.
- SUN DAMAGE, helping improve the appearance of sun-damaged skin.
- ACTINIC KERATOSIS (AK), helps remove pre-cancerous skin lesions from excessive sun.

The number of Fraxel laser treatments required depends on which skin problems you want to solve. If it is hyperpigmentation, it may take around one to two sessions to achieve the best results. For problems such as acne scarring and wrinkles you may need to have three to five treatments. Because the skin returns to normal in 3-5 days, many of our patients get a Fraxel treatment each year to keep their skin looking its best.

Carbon dioxide (CO2) lasers are the gold standard of cosmetic skin lasers. Recent developments in technology have made these lasers safer and more effective than ever before. CO2 lasers use an intense beam of light to heat and vaporize precise layers of damaged skin tissue without harming surrounding healthy tissue. The results are incredible – the skin's tone and texture is noticeably improved, and brown spots, freckles, scars, wrinkles, and irregular pigmentation are diminished, if not completely corrected.

Dr. Enzer uses the Candela CO2RE laser® and has successfully and safely treated hundreds of patients with this powerful device for over 25 years. Although the CO2 laser is performed as an outpatient procedure and has a moderate amount of downtime, just one treatment gives you results that will last for years to come.

Vascular Lasers for Facial Redness & Spider Veins

The [Vbeam® vascular laser](#) corrects imperfections like pesky red spots or broken blood vessels. This laser is especially effective at diminishing redness from rosacea, hemangiomas (red or reddish-purple raised bumps), telangiectasia (broken blood vessels, such as around the nose), spider veins, red scars, vascular birthmarks, port wine stains, and other vascular malformations. What makes the Vbeam Laser® such a great option for spider veins and lesions is that the laser pulse can target the oxyhemoglobin in blood vessels, without significantly affecting the surrounding healthy tissues.

The number of Vbeam Laser® treatment sessions will vary from patient to patient, based on the severity of the original skin issue. Further, some blood vessels may need to be treated several times, as the body's natural response is to keep these vessels open. The Vbeam® laser is a quick in-office procedure with very little downtime or side effects. Thousands of patients have been successfully and safely been treated by Dr. Enzer with the Vbeam® laser.

Lasers for Brown Spots & Tattoos

The [YAG laser](#) has become the standard of care for removing brown spots. This powerful laser reaches deep into the layers of skin to dissolve dark pigment, so in just one visit, age spots, birthmarks, freckles, and other dark pigmentation can be lightened or removed. Occasionally a touchup treatment may be needed, but oftentimes just one treatment with the YAG laser is enough to remove the most stubborn of brown spots. The YAG laser is safe for use on the face, and can also be used in other sun-exposed areas such as the hands, arms, and legs. If your brown spots haven't responded to treatment with creams or chemical peels, then laser treatment with our YAG laser may be right for you!

The YAG laser is also the safest and most effective treatment method for tattoo removal. Before lasers became available for cosmetic use, the only options available to those who wanted to get rid of their tattoos were covering them up with makeup, burning off the tattoo with risky acid treatments, or invasive surgical excision. These days the clear choice for tattoo removal is the YAG laser. There is very little downtime when used properly and very little risk of side effects or scarring. Patients should expect to have multiple treatments, spaced out every 4 to 8 weeks. Not every tattoo can be completely eliminated, but many patients have found incredible success removing their tattoos with Dr. Enzer and the YAG laser. View our [before and after photos](#) to see the results.

****Insider Tip:** Winter is a great time to begin treatment. Unlike the spring and summer months, you won't be spending extensive time in the sun during the winter. It's important to avoid heavy sun exposure or tanning before and after any laser treatment. If you're interested in any of our laser treatments, please contact us today to schedule your consultation!

Stocking Stuffer Ideas

Down through the chimney with your favorite picks... Epionce® stocking stuffers are favorites of St. Nick. □□□

Hurry, get your stocking stuffers and recommendations for particular skin types/concerns from our staff. A customized skin care routine is available with Epionce's medical-grade products. The biggest difference between medical-grade products and those you find in stores is both the quantity and quality of active ingredients. Only medical-grade products have the highest levels of active ingredients.



For the best in both quantity and quality when shop at Enzer & Associates, PC.

FREE SHIPPING available through our website ["SHOP EPIONCE"](#) link.

Gift Certificates make great gifts!

Gift Cards are a great gift idea — to give and to receive! Your holiday shopping experience is likely to look different than years past. Between issues with supply chains, rising cost of goods, staffing shortages, and problems filling shelves with merchandise, retailers are gearing up for a difficult few months ahead. A gift card from Enzer &

Associates, PC guarantees that special person will love your gift, giving them the freedom to choose treatments or products they desire. Add a personal touch with a handwritten note or insert into a beautiful holiday card.

Gift Certificates may be purchased in-office or via phone. View our [website](#) for all the great treatment options available.



Thank you for reading our newsletter. No matter whether you're a person who prefers to cozy up next to a fire and stay inside or a snowy-day adventurer ready to take on the outdoors, experience winter in Rhode Island! [Click here](#) to view some of our favorite activities. Stay tuned for more news and updates soon.

YOASH R. ENZER, MD, FACS
Cosmetic, Laser, & Oculofacial Plastic Surgery
ASHLEY L. WRIGHT, FNP
Aesthetic Nurse Practitioner



**Are you interested in learning about a particular treatment or product?
Let us know! [Chat with our office staff!](#)**

Enzer & Associates, PC | 120 Dudley Street, Suite 104 | Providence, RI 02905
doctorenzer@gmail.com | www.DoctorEnzer.com

LOVE US? Leave a REVIEW

